

CAROLYN DEWEY, MS, RCST®, RPP, LMT

- Registered Craniosacral Therapist
- Registered Polarity Practitioner
- Licensed Massage Therapist
- Student of Osteopathic Manual Therapies
- Certified Medicounsel® Health Technician

Incorporating therapeutic massage and osteopathic modalities into my polarity and



craniosacral therapy practice enables me to offer Full Spectrum Conscious Touch. My therapeutic and educational energy-aware approach enhances healing, balance, vitality, clarity and sense of well-being.

I hope to share what I offer with you, your loved ones, friends, and co-workers.

Gratefully in service through touch,

*Grounding the Spirit
Soothing the Soul
Creating Relief and Renewal
for Your Whole Being*

CAROLYN "LINDY" DEWEY
(406) 260-7098

SPIRITWORKS@VALLEY.NET

Practicing in Norwich VT since 1996

&

Now In Columbia Falls, MT

SPIRITWORKS
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*Craniosacral Therapy
Therapeutic Massage
Magnetic Resonance
Polarity Therapy*

LINDY DEWEY
(406) 260-7098

@

IMAGINE Health

Wellness  and Wisdom Center

305 First Ave W, Columbia Falls, MT
www.imaginehealth.net
406 892-4406

OFFERING A FULL SPECTRUM OF CONSCIOUS TOUCH THERAPIES

Polarity Therapy

combines ancient Ayurvedic wisdom and Western Manual Therapies to balance your energy systems, activating your highest potential expression of life force.

Craniosacral Therapy

light touch promotes a deep integration of your central nervous system's relationship with the inherent health within.

Therapeutic Massage

addresses sports, orthopedic, and pain management issues with Myofascial Release, Reflexology, Active Isolated Stretching and Deep Tissue Massage.

Osteopathic Manual Therapies

support the body to remove obstacles to health utilizing a comprehensive clinical methodology with osteoarticular, visceral, craniosacral, and myofascial dynamics.

Visceral & Myofascial

integration frees structures within the body so organs can move and function optimally.

Fabulous Foot Work

prepares the person for an internal shift and integrates the session utilizing Reflexology, Craniosacral Therapy, Osteopathic Manual Therapies and Therapeutic Massage Modalities.

Pulsed Magnetic Resonance

helps to restore the electromagnetic field that our physiology has evolved within allowing each cell to function optimally. FREE SEMINARS offered.

These Rehabilitative and

*Regenerating Touch Therapies
may effectively address:*

- strains and sprains
- chronic and sub-acute joint pain – knee, hip, back, shoulder, and jaw
- myofascial pain
- orthopedic and sports injuries
- carpal tunnel syndrome
- overuse and repetitive motion injuries
- scar tissue reduction
- respiratory, cardiac, digestive and endocrine function
- TMJ pain, headaches, insomnia
- pre- and post-surgical issues

Benefits include:

- increased sense of well being and vitality
- a deep relaxation that alleviates stress and tension related issues
- relief from jaw, head, neck, shoulder and back pain
- migraine and tension headache relief
- deeper sleep, reducing insomnia
- gentle release of deeply held trauma
- pre-surgical preparation and post-surgery recovery
- support for healthy internal organ dynamics
- by working the feet comprehensively, the whole body and soul is revitalized

By working with

*the health in your body,
my touch can ease your pain,
and help you connect with
your blueprint of health.*

It is my desire to offer you the most restorative and rejuvenating session.

We will begin with a discussion about your health goals.

Then we move to bodywork that transports you into realms of deep relaxation with nourishment for your body, mind, and soul.

You may experience massage to relieve your physical stresses, craniosacral work to balance your system on deep levels, and polarity to clear, align, and raise your energy to the highest alignment with your soul's journey.

Clean Your Mind

Open Your Heart

Free Your Body

Ignite Your Spirit