

Carolyn “Lindy” Dewey, MS, RPP, RCST®, LMT

P.O. Box 4044
Whitefish, MT 59937
406 260-7098

SpiritWorks@valley.net



Curriculum Vitae Related to Therapeutic Body Work & Healing Arts

Formal Education and Core Trainings

- 1973 **B.A.** Biology Major, Minors in Chemistry and Astrogeophysics, University of Colorado, Boulder, CO
- 1976 **M.S. Community and Outdoor Program Administration**, Springfield College, Springfield, MA (major in **Therapeutic Recreation**; Nationally Certified Therapeutic Recreation Specialist 1976-2002)
- 1994-1996 **Healing Touch Practitioner Certification Program**, Colorado Center for Healing Touch, Inc. through Levels I- IIIA Completed 4/96
- 1995-1997 **School for the Development of Human Consciousness**, Thetford VT
Rev. Diana Moore, RN, N.D., [1996 Barbara Brennan School Graduate]
- 1996 **160 hour Polarity Therapy Certification**, Polarity Realization Institute, Ipswich, MA
- 1996-1997 **650 hour Polarity Therapist Certification**, Polarity Realization Institute, Ipswich, MA
- 1999-2002 **1000 hour Certification Program in Visionary Craniosacral Work**, Milne Institute, Monterey, CA
- 1997-2003 **700 hour Practitioner Training in CranioSacral Biodynamics** – Craniosacral Therapy Educational Trust of United Kingdom with North American School for Craniosacral Therapy with Michael Kern DO, RCST, Northhampton MA, completed June 2003
- 2004 **612 hours Holistic and Therapeutic Massage Certification Programs**, Headhunters Spa Tech, South Portland Maine, completed June 2004
- 2005 – present **Advanced Studies in Osteopathic Manual Therapies**, Canadian College of Osteopathy, Program in Diplomate in Osteopathic Manual Therapies, Toronto Canada, completed year one and began year two, currently on extended leave of absence
- 2006 – present **Somatic Experiencing Method of Trauma Resolution**, Foundation for Human Enrichment, Lael Keen, Huntington, VT, completed through year two, 144 hours.

Professional Organizations and Credentialing

- Licensed Massage Therapist in NH (#2347M) 9/04 and Maine (#MT2318)-6/04
National Certification Board of Therapeutic Massage and Bodywork
Nationally Certified Massage Therapist, NCBTMB, 2004 (#411766-00)
American Polarity Therapy Association
Associate Polarity Practitioner, - 1997
Registered Polarity Practitioner - 1998
Craniosacral Therapy Association of North America
Registered Craniosacral Therapist – 2003
Milne Institute
VCSW Visionary Craniosacral Therapy Work Certification - 2001

The Quest Center for Inner Healing (Charter member, Regional Attitudinal Healing Organization)

Healing Touch International, Charter Member -1996, Level IIIA

American Therapeutic Recreation Association

Certified Therapeutic Recreation Specialist 1976-2002

Associated Bodywork and Massage Professionals – since 1997

Therapeutic Massage & Energetic Body Work Training - Details of Course of Study available

Polarity Therapy

160 hour Associate Polarity Therapy Program, Polarity Realization Institute, Ipswich MA - April - completed October 1996

650 hour Polarity Therapy Certification Program, The Polarity Realization Institute, Ipswich, MA [additional classes in Foot Reflexology (16 hours) and Ayurvedic Aromatherapy (24 hours)] - completed 12/97

Energy Medicine and the New Sciences: The Scientific Basis of Polarity, Damon Fazio, NYC [1/98] - 3 hours

Energetic Evaluation Skills and The Therapeutic Encounter, Damon Fazio, ND RPP [1/98] - 20 hours

Polarity and Myofascial Integration – Mary Jo Ruggieri, PhD, RPP, Columbus Polarity Therapy Institute, 1998-1999, 64 hours

Energetic Nutrition, Amadea Morningstar, RPP, Burlington VT [9/98] - 20 hours

The Art of Structural Balancing, Phil Young, RPP, Lakeville, CT [5/99] - 40 hours

APTA Annual Conference, Nellenville, NY June 1999

Pentamirus Combinations and Polarity Model of Communication and Facilitation - Phil Young, RPP, Waterbury, CT [3/01] – 18 hours

Polarity Ayurvedic Facial, Dr. Leila Joseph, Ed.D, RPP – 8 hours 9/00

Craniosacral Therapy

Biodynamic Craniosacral Therapy Training

Craniosacral Therapy I: The Breath of Life, Scott Zamurut, RPP, RCST, 4/97- 40 hours

Craniosacral Therapy I: Introduction and Integration with Polarity Therapy, Scott Zamurut, RPP, RCST, 11/97- 40 hours

Invitation to Professional Craniosacral Training: A Two-day Introduction to experience this work and the teaching style of Paul Vick, Burlington VT 2/99

21 days of 45 day Professional Craniosacral Therapy Training Program in Cranial Resonance, Paul Vick, RPP, RSCT, Northern VT, 1999-2001 (168 class room hours)

Craniosacral Biodynamics, North American School for Craniosacral Therapy, Michael Kern, DO, RCST (completion of 750 hour program begun with Paul Vick, Florence MA, June 2002- June 2003.

Organ Dynamics: The Thoracic, Abdominal and Pelvic Cavities, North American School for Craniosacral Therapy, Michael Kern, DO, RCST, April 2003, (40 hrs.)

Working with the Heart in Craniosacral Therapy, Michael Shea, PhD, Juno Beach FL, February 2008 (26 Contact Hours)

Advanced Course: Ignition - Organs and Viscera, Colorado School of Energy Studies, Boulder CO, Franklyn Sills, MA, RPT, RCST, July 2008 (35 hours)

Visionary Craniosacral Therapy (1000 hour Certification Program)- The Milne Institute

- C1: Craniosacral Foundation Class - Reiko Miyamoto, Ithaca NY - 32 hours 6/99; 10/99 as Teaching Assistant in Ithaca NY; 2/04 Teaching Assistant, Boston
- C2: Coupled Holds, Sacral Work, and Unwinding - Reiko Dewey, Gainesville FL - 32 hours 11/99; 2/04 Teaching Assistant, Boston
- C3: The Sphenoid and the Facial Bones - Reiko Dewey, Gainesville FL - 32 hours 11/99
- C4: Asymmetric Techniques, Sutures and Sinuses - Reiko Dewey, Ithaca, NY - 32 hours 10/00
- C5: Developing the Inner Eye - Reiko Dewey, Ithaca, NY - 32 hours 4/01
- C6: Shaman's Skills: Sculpting the Conscious Medium - Reiko Dewey, Ithaca, NY - 32 hours 6/01; 9/01 Teaching Assistant for Hugh Milne Toronto CA
- C7: Unwinding As Spiritual Practice - Hugh Milne, Big Sur, CA – 40 hours 12/01

Massage Therapy

- Polarity Ayurvedic Facial Massage, Dr. Leila Joseph, Ed.D, RPP – 8 hours 9/00
- Introduction and Exploration of Holotropic Breathwork and the Psychology of Transformation, VT AMTA, 09/00 – 3 hours
- Motion Palpation and Muscle Energy Techniques for the Cervical Spine, Dr. Howard Jonas, VT AMTA, Quechee, VT 09/00 – 3 hours
- Tibetan Massage, Kunye Level 1, Dr. Phuntsog Wango, Shang Shung Institute, Bristol VT, 5 days, 2003 – 36 hours
- Holistic and Therapeutic Massage Certification Programs, Headhunters Spa Tech, South Portland Maine, January-June 2004 (additional class in Hot Stone Massage)
- Hot Stone Massage, Tim Starkey, Headhunters Spa Tech, Portland ME, 5/04 – 16 hours
- Orthopedic Pain Management – Lower Body OrthoMassage, James Waslaski, Portland ME, 7/04 – 24 hours
- Active Isolated Stretching, Aaron Mattes, Brattleboro, VT, 9/2004 – 24 hours; Cape Cod, MA, 11/04 – 18 hours (teaching assistant); Portland, ME, 9/05 – 24 hours (teaching assistant); North Haven, CT, 01/08, 24 hours(teaching assistant); Clinic Internship, Sarasota FL, 02/08
- The Arvigo Techniques of Maya Abdominal Massage – Level I, Lucy Mitchell, LMT, D.Ay. Herbalist, Newcastle, CT 2/05 – 20 hours

Ayurveda

- Ayurvedic Aromatherapy, Polarity Realization Institute (24 hours) - completed 12/97
- Polarity Ayurvedic Facial Massage, Dr. Leila Joseph, Ed.D, RPP – 8 hours 9/00
- Power of Perception: Integrating Yoga with Structural Integration, A Tonic Function Approach - Arthur Kilmurray, Kevin Frank, Caryn McHose, Holderness, NH – 4 days, August 2005, 28 CEUs
- Transdermal Marma Therapy, Dr. Vaidya Mishra, Middletown, RI, July 2007 (two days)
- Face Lift Treatment, Dr. Vaidya Mishra, Middletown, RI, July 2007 (one day)

Myofascial Release

- Myofascial Release, NH Community Technical College, Claremont, NH, Kevin Comeau, CLMT - Fall 98, 36 hrs. 2 credits
- Polarity and Myofascial Integration – Mary Jo Ruggieri, PhD, RPP, Columbus Polarity Therapy Institute, 1998-1999, 64 hours
- Power of Perception, Integrating Yoga with Structural Integration, Kevin Frank, Caryn McHose and Arthur Kilmurray, Resources in Movement, Holderness NH – Aug 2005 – 15 hours.

Visceral Work

- Chi Nei Tsang Level I (Chinese Internal Organs Chi Massage), Ronald H. Diana, International Senior Healing Tao Instructor trained by Master Mantak Chia, 8/98, 35 classroom hours
- Organ Dynamics: The Thoracic, Abdominal and Pelvic Cavities, North American School for Craniosacral Therapy, Michael Kern, DO, RCST, ND, 40 hours, 4/03
- Visceral Manipulation I – The Digestive Tract, Konrad Obermeier, 10/02, 36 hours
- Visceral Manipulation II - The Uro-Genital Track, Konrad Obermeier, 9/03, 36 hours
- Visceral Manipulation III – The Thorax, Konrad Obermeier, 9/04 36 hours
- Introduction to Maya Abdominal and Uterine Massage, Lucy Mitchella, LMT, Dsy. Herbalist, Newcastle, CT 2/05 – 20 hours
- Working with the Heart in Craniosacral Therapy, Michael Shea, PhD, Juno Beach FL, February 2008 (26 Contact Hours)
- Advanced Course: Ignition - Organs and Viscera, Colorado School of Energy Studies, Boulder CO, Franklyn Sills, MA, RPT, RCST, July 2008 (35 hours)

Osteopathic Manual Therapies

- Canadian College of Osteopathy, Toronto Canada. 2005-2006 (currently on Leave of Absence)

Trauma Resolution with Somatic Experiencing

- Foundation for Human Enrichment Three Year Training began in January 2006, completed through year 2, Lael Keen, Huntington, VT, 166 hours

Healing Touch Certification Program American Holistic Nurses Assn., Colorado School of Healing Touch, Healing Touch International

- Level I - Mary Anne Geoffrey, Lyme NH [10/94] - 20 hours
- Level IIa - Dorothea Hover, Portland ME [11/94] - 18 hours
- Level IIb - Janet Mentgen & Lisa Smith, Albany NY [2/96] - 20 hours
- Level IIb - Cynthia Hutchinson, Hanover, NH - Course Assistant [1/98] - 20 hours
- Level IIIa - Mary Jo Bulbrook, Albany NY [4/96] - 30 hours
- Advanced Energy Intervention, Part 1 - Mary Jo Bulbrook, Albany, NY 4/96 - 8 hours

Hospice

- “Hospice Experience” training, 10/96, 4/97
- Hospice Volunteer 1996-7

Reiki, Usui Tradition

- Reiki I - Reiki Master Tipi Halsey, Thetford VT [5/94]
- Reiki II - Reiki Master Penepole Jewell, Portland ME [12/94]
- NorthEast Reiki Gathering - Phyllis Furomoto, Phoenicia NY [10/96]

Reconnective Healing, Levels I, II and III

Reconnective Healing taught by Eric Pearl, 2005

Theta Healing

DNA Levels I and II, Jocelyn Leibowitz, June 2005

Theta Healing Teachers Training, Vianna Stibal, Idaho Falls, ID, June 2005

Therapeutic Touch

Therapeutic Touch Intensive-Dr. Delores Krieger, Pumpkin Hollow NY, 5/96-12
CEUs

Vision, Creativity and Intuition - A 10-day Training Program in the Science of Intuition

with Caroline Myss, PhD and Norman Shealey, MD

Springfield, MO [Part 1-10/96, Part 2-11/97 in West VA]

Anatomy and Physiology (beyond hours included in Polarity, Craniosacral, and Massage Therapy Programs)

Anatomy and Physiology for Healers - 40 hour course with Rev. Shelby Hammitt
PhD, Healing Light Center Church, August 1996

Pre-Med as an Undergraduate, related courses in early 1970's

Human Gross Anatomy Dissection Lab, Dartmouth Medical School, Hanover, NH
6-8/99 - 100+ hours with letter of distinctive participation from William
Mosenthal, MD, Head of Dartmouth Medical School Anatomy Department

On-going Self-Directed Study of Anatomy and Physiology, esp. NeuroAnatomy,
Embryology [includes audit of first year class lectures at Dartmouth Medical
School in Human Anatomy and Embryology (twice) and NeuroScience 1999-
2000]

What's on Your Mind? The miraculous 3-pound universe inside your head- the next
frontier of medicine, Dartmouth Community Medical School, Hanover NH Fall
2002 - 14 hours

Blechschildt's Model of Embryology, Conrad Obermeier, Resources in Movement,
Holderness, NH 09/05 - 21 CEUs

Canadian College of Osteopathy, Toronto, Canada. 2005-2006 Year One Student

Teaching Experience and Presentations

Ski Coach and Professional Ski Instructor since 1968

Trainer and Consultant with Medical Practice Managers 1989-1996

Presentation "Empowering Oneself to Step Out of the Box and Off the Beaten
Path", Prospective on Leadership Series on Integrating Personal and

Professional Vision, Office of Generalist Education, Dartmouth Medical School
3/2000

Conscious Touch, Women's Health Resource Center, DHMC 5/99, 3/00, 5/00

What is Polarity Therapy?, Women's Health Resource Center, DHMC 11/00

Teaching Assistant for Visionary Craniosacral Therapy Classes and for Active
Isolated Stretching Classes (see education sections above)

Energy Anatomy, Green Mountain Institute, White River Junction Weekend
Intensive 3/02

Energy Anatomy and Polarity Balancing and Relaxing Techniques, Dartmouth-
Hitchcock Women's Health Resource Center 1999-2001

Numerous Talks and Presentations to Community Groups including Hanover
Rotary, Upper Valley Women's Network, and Sojourns Community Clinic
Introduction to Massage, Sojourns Community Health Clinic Fall 05
All About Hands, Sojourns Community Health Clinic 2/05
Head, Neck, and Shoulder Relief, Sojourns Community Health Clinic 3/05
Active Specific Stretching, Sojourns Community Health Clinic 5/05
Aromatherapy – 40 hour course, New Hampshire Community Technical College
Spring 2005