


Carolyn "Lindy" Dewey

P.O. Box 4044
Whitefish, MT 59937
406 260-7098
spiritworks@valley.net



Objectives

To support optimum health by offering the most appropriate holistic and therapeutic bodywork both in my private practice and within a collaborative community of exceptional practitioners of varying disciplines.

To further the knowledge and effective utilization of touch therapies within my community through presentations to community groups, services to local businesses, and teaching.

Qualifications

Extensively trained and experienced in a full spectrum of touch modalities enabling me to choreograph sessions with sensitivity for specific individual needs and desires. I bring a depth of life experience to my work from parenting, teaching, healthcare practice, and business systems management that enables me to create and hold a professional and healing space that deeply honors the experience of my clients and peers. My work ethic, diverse experience, and commitment to optimum wellness and performance, both for myself and others, qualify me as a valued asset for enhancing health and performance.

Education and Professional Credentials

- Curriculum Vitae attached
- 2004** **LMT** – Licensed in Maine (#MT2318) and NH (#2347M), NCBTMB (#411766-00)
- 2004** Therapeutic Massage Program, Spa Tech, Portland ME - 612 hours
- 2003** □ □ □ **RCST** – North American School for Craniosacral Therapy, 700 hr. training
- 2001** **VCSW** – Milne Institute, Visionary Craniosacral Diploma 1000 hr. training
- 1997** **RPP** American Polarity Therapy Association, 650 hr. program
- 1993** **TQM** – Total Quality Management, 70 hours related coursework
- 1976** **MS** – Community and Outdoor Program Administration, Springfield College, Springfield, MA (emphasis Therapeutic Recreation; nationally certified CTRS 1976-2002)
- 1973** **BA** – Biology, minors in Chemistry, Astrogeophysics, Art and Psychology, University of Colorado, Boulder, CO

Experience

- 1998-present** **CRANIOSACRAL THERAPIST, REGISTERED POLARITY PRACTITIONER, THERAPEUTIC MASSAGE** - full-time
dba SpiritWorks, Norwich, VT until 11/2008, now in Montana
Private Practice - Client Base: primarily people seeking optimum wellness while facing transition, addiction, stress, insomnia, surgery, chronic illness and pain. History of strategic partnerships with leaders in business for bringing touch into the workplace for enhancing employee performance.

Carolyn Dewey

1996-present *Advanced Studies (see Curriculum Vitae)*

2007-2008 *MASSAGE THERAPIST, part-time*

**Norris Cotton Cancer Center, Dartmouth Hitchcock Medical Center,
Lebanon, NH**

Worked in Supportive Services Program in the Cancer Center offering Touch Therapies to patients undergoing Chemotherapy and Radiation and their caregivers.

2004-2007 *THERAPEUTIC BODYWORKER, part-time*

Sojourns Community Health Clinic, Westminster, VT

Provide Therapeutic Massage and Craniosacral Therapy Services in a multidisciplinary, integrated, holistic Community Health Clinic offering general family health care, biological medicine, wellness support, and health education programs in Southern Vermont. Teach community classes in massage, stretching, and aromatherapy.

1995-1996 *INDEPENDENT CONSULTANT dba SpiritWorks, Norwich, VT*

Help small businesses to Integrate sound business management practices with spiritual principles

Analyze computer needs, Select and Customize hardware and software,

Train a diverse variety of professionals in efficient computer use

Technical support of medical practice management billing software, including installations, conversions, customization, and training

Set-up small businesses with Quicken and QuickBooks Pro and provide on-going business management guidance

Part-time temporary employee in local businesses and agencies, including Upper Valley Health Care Coalition as Interim Executive Director

1995 *BUSINESS MANAGER Commercial Logic, Inc., Lyme NH,*

Redesigned accounting system for software company

Supported Sales and Marketing initiatives for strategic partnerships

1993-1994 *TRAINING & QUALITY IMPROVEMENT COORDINATOR*

The Hitchcock Clinic, Dartmouth-Hitchcock Medical Center, Lebanon NH

Increased employee involvement, effectiveness and efficiency through support of Total Quality Management concept application.

Created staff development program for business office personnel.

Redesigned and prepared monthly departmental reports to provide timely feedback on billing performance measurements.

Established IDX software users group.

Designed implementation plan for Paperless Collection System for follow-up work processes.

Carolyn Dewey

1991-1993 OFFICE MANAGER / CONSULTANT

Cioffredi Orthopedic and Sports Therapy Center, Lebanon, NH

Developed and implemented medical office management systems.

Results: Reduced days revenue outstanding.

Established professional forum for NH PT Office Managers.

Designed guidelines for Physical Therapy compliance with NH BC/BS Managed Care requirements.

Mentored office staff.

1990-1993 INDEPENDENT CONSULTANT

Consulted with a variety of small businesses and individuals.

Selected, installed, customized and trained computerized billing and office management systems.

Medical Office Management Consultant for training and technical support for medical billing software company.

Assisted three physical therapy practices acquire and convert to computerized practice management/medical billing software.

1990-1991 OFFICE MANAGER / CONSULTANT

Richard Schlein, DDS Orthodontics, Norwich, VT

Engineered significant practice growth and increased profitability through redesign of medical office management systems.

Results: Collected 95% outstanding A/R in 9 months

1983-1990 BUSINESS MANAGER Madeira Construction Inc, Lebanon, NH

Created management systems for accrual Job Cost Accounting, Payroll, personnel management, contracts, budgeting, record keeping, and computerized business management operations for residential construction company.

Results: 500% growth over 7 years.

1976-1981 CHIEF RECREATIONAL THERAPIST

Alice Peck Day Memorial Hospital, Lebanon, NH

Created recreational therapy department for community hospital with new fifty bed Extended Care Facility. Involved patients, staff, family, volunteers in providing diverse social, cultural, religious and physical activities and therapeutic programs.

1969-2009 PROFESSIONAL SKI INSTRUCTOR, Level II Alpine Certified, PSIA-E and Level I Nordic Downhill Certified PSIA-NRM

Various ski areas in Colorado, New Hampshire and Vermont

Teach skiing full or part-time, including youth racing, women's and adaptive programs

Carolyn Dewey

Personal Interests

Sons' education and sports, professional ski instructor/coach, hiking, camping, yoga, drawing, wood carving, gardens, fitness training, allopathic and complementary health, outdoor recreation in beautiful places

Community Service

*1999-2003 Headrest, Lebanon, NH - Board Member, including three years as Board President. Headrest is a community agency serving those addicted, homeless and in transition with counseling, shelter, and a 24-hour crisis hotline
2008-2009 Project Dream – volunteer as Adaptive Ski Coach part-time*

References

*Deborah, Steele, Supportive Services, Norris Cotton Cancer Center, Dartmouth Hitchcock Medical Center 603 650-7776 Deborah.J.Steele@Hitchcock.ORG
Jake Blum, Systems Plus Computers, Lebanon, NH 800 388-8486 jblum@spci.com
Linda Haltiner, Director Sojourns Community Health Clinic 802 722-4023 lhaltinn@hotmail.com
Bill Cioffredi, Director Cioffredi Orthopedic and Sports Therapy Center 603 643-6688
Edie Yovu, personal friend and craniosacral therapy peer practitioner 802 229-4969
Caryn McHose, Somatic Therapist, Holderness NH 603 968-9585 kkfrank@earthlink.net*

Curriculum Vitae

Detailed Curriculum Vitae Available Upon Request